

Free Inservice Training (F.I.T.)

When: Every Third Thursday of the Month from 8:15 –9:45 am

Where: The Wooster Salvation Army, 437 South Market, Wooster
(Parking behind the Salvation Army and across the street)

Exception: December meeting at YHRC 2587 Back Orrville Road, Wooster

TOPICS FOR THE YEAR FROM SEPTEMBER 2009 TO MAY 2010:

- September 17** -- Understanding Maternal Depression and Screening Using the Edinburgh Scale: Joy Stitzlien, Director of Community Education and Prevention, The Counseling Center
- October 15** -- Bridges to Hope, Helping People Out of Poverty: Carolyn Basista, Director of Bridges to Hope and Mark Stephanik, Director of Adult Education, Wooster City Schools
- November 19** -- Success by Six: Helping Families to get Young Children Ready to Learn: Mary Shumar, Success by Six Coordinator
- December 17** -- FIT Stress Reduction Holiday Event: Come Reduce your Stress and Learn to Laugh: Oma Marks, Certified laughter leader and Wellness Coordinator Dunlap Hospital and other FIT members
- NOTE: This meeting will be held at YOUR HUMAN RESOURCE CENTER at 2587 BACK ORRVILLE ROAD, WOOSTER.**
- January 21** -- The Pediatric CATCH grant? Hear the Latest on this Local Planning Grant for Families with Children with Behavioral Health Issues: Dr. Adam Keating, Pediatrician
- February 18** -- Think B 4 U Send: Internet Lessons for Parents: Angie Giltner, Your Human Resource Center and Janel Usternul, Wayne County Juvenile Court
- March 18** -- The Wayne County Common Pleas Mental Health Court: Cindy Hall, Mental Health Court Coordinator
- April 15** -- Suboxone Treatment for Opiate Addiction: Chuck Ross, Clinical Director, STEPS at Liberty Center
- May 20** -- Trauma Informed Care for Adults and Children: Jennifer Durham PhD, Certified Traumatologist, Director of New Beginnings of the Christian Children's Home of Ohio.

Program substitutions may occur should presenters not be available for any reason.
Cancellations due to weather will be announced on local radio.

Plan to network with other professionals dealing with these issues
Social Work and Counselor CEU's awarded 1.5 CEU's, and BRCH's available.

Call - Your Human Resource Center 330-264-9597 to make a reservation at least 2 days prior to the inservice date or register online www.YHRC.org or fax: 330-264-0946.

Sponsored by F.I.T. local social services professionals, The Wooster Salvation Army, Your Human Resource Center and the Mental Health and Recovery Board